

Cork Confined Grades Feis 2022

Claraíthe Leis An Coimisiun Le Rinci Gaelacha



Venue: **Ballypnehane Community Centre,**

Dungiven, 53 Tory Top Rd, Ballypnehane, Cork, T12 E2W4

Sunday 22nd. May 2022

Moltóirí:

Áine Murphy ADCRG

Catherine Cuthbert McCarthy ADCRG

Gerard Stack ADCRG

Chiarrí, Cúige Mumhan

Corcaigh, Cúige Mumhan

Luimneach, Cúige Mumhan

Ceoltóir:

Colin Magill

Gallaimh, Cúige Connacht.

| | | | |
|--------------|------------------------------|---------|---|
| Fees: | Figure | € 3.00 | All grade competitions are Confined to competitors who are <u>resident</u> in CORK CITY or COUNTY. |
| | Solo | € 5.00 | Medals will be awarded to all competitors in Cor & Cor Beirte competitions. All times listed are approximate. No competition will start less than 15 minutes before its scheduled start time. |
| | Solo – Trophy/Perpetual Comp | € 6.00 | |
| | Family Fee | € 65.00 | All competitors will dance 32 bars (following an 8 bar introduction) for all dances. |
| | Admission to Feis : Adult | € 5.00 | |

Entry Desk will open at 8:30 : Entries taken on the day (Cash Only).

| | | | |
|------------------|----------------------------|-------------|--|
| Enquiries | Christine Forde A.D.C.R.G. | 087 6894247 | eMail christinefordeadcrg@gmail.com |
| | David P Daly A.D.C.R.G. | 087 6894247 | eMail davidpdaly@hotmail.com |

Clár approved by Comhairle Na Mumhan Feis Registrar:

Date : 22/04/2022

The Cork Confined Feis supports local children charities. Previous recipients include Shine, Marian House (Autism services for children), Irish guide Dogs Assistance program for children, Bernardos, Cork 96fm Radio-thon (CUH, Mercy Hospice, Arc, Marymount Hospice), Down syndrome Cork. & Le Chéile (Respite Hse.) & St. Pauls School within Cope Foundation Ireland, Bumbleance – Children Ambulance Service, Pieta House.

Thank you for your support and participation.



Keara's Dancewear



| Comp # | Comórtas | Grád | Floor A | Floor B | Floor C |
|--|--|---------------------------|---------------------------|--------------------|--------------------|
| 09:00 am (Sharp) | | | | | |
| 1 | Cor | | Under 5 | | |
| 2 | Cor | Bun Grád | Under 6 | 6 - 7 yrs | 7 - 8 yrs |
| 3 | Port Luascadh | Bun Grád | Under 6 | 6 - 7 yrs | 7 - 8 yrs |
| 4 | Port Singil | Bun Grád | Under 6 | 6 - 7 yrs | 7 - 8 yrs |
| 5 | Port Eadtrom/Trom | Bun Grád | Under 6 | 6 - 7 yrs | 7 - 8 yrs |
| 6 | Trophy Dance (Any Light Dance) | Bun Grád - Trophy | Under 6 | 6 - 7 yrs | 7 - 8 yrs |
| 7 | Cor | Tus Grád | | Under 7 | 7 - 8 yrs |
| 8 | Port Singil | Tus Grád | | Under 7 | 7 - 8 yrs |
| 9 | Port Eadtrom/Trom | Tus Grád | | Under 7 | 7 - 8 yrs |
| 10 | Trophy Dance (Any Light Dance) | Tus Grád - Trophy | | Under 7 | 7 - 8 yrs |
| 11 | Cor | Primary | | Under 7 | 7 - 8 yrs |
| 12 | Port Singil | Primary | | Under 7 | 7 - 8 yrs |
| 13 | Port Trom / Eadtrom | Primary | | Under 7 | 7 - 8 yrs |
| 14 | Trad Seit | Primary | | Under 7 | 7 - 8 yrs |
| 15 | Trophy Dance (Any Light Dance) | Primary - Trophy | | Under 7 | 7 - 8 yrs |
| 16 | Cor Beirte / Cor Triuir | Under 7 & Under 9 | | | |
| 12:00 pm approx | | | | | |
| 17 | Cor | Bun Grád | 8 - 9 yrs | 9 - 10 yrs | 10 - 11 yrs |
| 18 | Port Luascadh | Bun Grád | 8 - 9 yrs | 9 - 10 yrs | 10 - 11 yrs |
| 19 | Port Singil | Bun Grád | 8 - 9 yrs | 9 - 10 yrs | 10 - 11 yrs |
| 20 | Port Eadtrom/Trom | Bun Grád | 8 - 9 yrs | 9 - 10 yrs | 10 - 11 yrs |
| 21 | Trophy Dance (Any Light Dance) | Bun Grád - Trophy | 8 - 9 yrs | 9 - 10 yrs | 10 - 11 yrs |
| 22 | Cor | Tus Grád | 8 - 9 yrs | 9 - 10 yrs | 10 - 11 yrs |
| 23 | Port Singil | Tus Grád | 8 - 9 yrs | 9 - 10 yrs | 10 - 11 yrs |
| 24 | Port Eadtrom/Trom | Tus Grád | 8 - 9 yrs | 9 - 10 yrs | 10 - 11 yrs |
| 25 | Trad Seit | Tus Grád | 8 - 9 yrs | 9 - 10 yrs | 10 - 11 yrs |
| 26 | Trophy Dance (Any Light Dance) | Tus Grád - Trophy | 8 - 9 yrs | 9 - 10 yrs | 10 - 11 yrs |
| 27 | Cor | Primary | 8 - 9 yrs | 9 - 10 yrs | 10 - 11 yrs |
| 28 | Port Singil | Primary | 8 - 9 yrs | 9 - 10 yrs | 10 - 11 yrs |
| 29 | Trad Cornphiopa | Primary | 8 - 9 yrs | 9 - 10 yrs | 10 - 11 yrs |
| 30 | Cor | Mean Grád | 8 - 9 yrs | 9 - 10 yrs | 10 - 11 yrs |
| 31 | Port Luascadh | Mean Grád | 8 - 9 yrs | 9 - 10 yrs | 10 - 11 yrs |
| 32 | Port Eadtrom/Trom | Mean Grád | 8 - 9 yrs | 9 - 10 yrs | 10 - 11 yrs |
| 33 | Cornphiopa | Mean Grád | 8 - 9 yrs | 9 - 10 yrs | 10 - 11 yrs |
| 34 | Trophy Dance (Any Light Dance) | Mean Grád - Trophy | 8 - 9 yrs | 9 - 10 yrs | 10 - 11 yrs |
| 03:30 pm approx. | | | | | |
| 35 | Cor Beirte / Cor Triuir | Under 12 / Over 12 | | | |
| 36 | Cor Na Siog / Rince Ceathair Ceile | Under 12 / Over 12 | | | |
| 37 | Rince Ochtar Céile | Under 12 / Over 12 | | | |
| 38 | Cor | Bun Grád | 11-12 yrs | 12-13 yrs | Over 13yrs |
| 39 | Port Singil | Bun Grád | 11-12 yrs | 12-13 yrs | Over 13yrs |
| 40 | Port Eadtrom/Trom | Bun Grád | 11-12 yrs | 12-13 yrs | Over 13yrs |
| 41 | Trophy Dance (Any Light Dance) | Bun Grád - Trophy | 11-12 yrs | 12-13 yrs | Over 13yrs |
| 42 | Cor | Tus Grád | 11-12 yrs | 12-13 yrs | Over 13yrs |
| 43 | Port Luascadh | Tus Grád | 11-12 yrs | 12-13 yrs | Over 13yrs |
| 44 | Port Eadtrom/Trom | Tus Grád | 11-12 yrs | 12-13 yrs | Over 13yrs |
| 45 | Trad Cornphiopa | Tus Grád | 11-12 yrs | 12-13 yrs | Over 13yrs |
| 46 | Trophy Dance (Any Light Dance) | Tus Grád - Trophy | 11-12 yrs | 12-13 yrs | Over 13yrs |
| 05:30 pm approx. | | | | | |
| Dr John Cullinane Tradition Set | | | Perpetual Cup | | |
| 47 | Long Blackbird/ Moynihans Version | | Ard Grad / Over 11 | | |
| 48 | Cor | Primary | 11 - 12 yrs | 12 - 13 yrs | Over 13yrs |
| 49 | Port Singil | Primary | 11 - 12 yrs | 12 - 13 yrs | Over 13yrs |
| 50 | Trad Seit | Primary | 11 - 12 yrs | 12 - 13 yrs | Over 13yrs |
| 51 | Cor | Mean Grád | 11 - 12 yrs | 12 - 13 yrs | Over 13yrs |
| 52 | Port Luascadh | Mean Grád | 11 - 12 yrs | 12 - 13 yrs | Over 13yrs |
| 53 | Port Trom | Mean Grád | 11 - 12 yrs | 12 - 13 yrs | Over 13yrs |
| 54 | Cornphiopa | Mean Grád | 11 - 12 yrs | 12 - 13 yrs | Over 13yrs |
| 55 | Trophy Dance (Any Light Dance) | Mean Grád - Trophy | 11 - 12 yrs | 12 - 13 yrs | Over 13yrs |

All times listed are approximate. No competition will start less than 15 minutes before its scheduled start time.

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Feis Rules

NB Competitions 48 – 55 Mean Grad Over 13yrs

Competition will be split into 13 – 15 & Over 15 provide more than 5 is entered under each age group.

FEIS RULES AND CONDITIONS

- In Bun and Tus grad competitions, dancers are permitted to wear either class costumes or day wear e.g. skirts and tops (Munster Specific rule)
- The use of artificial carriage aids is strictly forbidden except in cases of a medical condition where a doctor's certificate may be requested. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.
- In order to comply with the health and safety measures, all dancers lining up side stage prior to any round of a competition will be required to perform the simple exercise of raising arms to shoulder level unhindered. If unable to do this due to the costume stitching or any arm attachments by the time of their rotation will not be permitted to perform.
- Make up / false - eye lashes will not be permitted for dancers in either solo or team competitions, up to and including the Under 10 age group. Effective from 1st March 2014. (Please note that dancers in this age group who might be in a Ceili Team Under 11 will be permitted make up for team this age group competitions, i.e. Under 11 Ceili Championships.)
- Under no circumstances should dancers walk around any dancing venue in their underwear. Neither should dancers (regardless of age) change into or out of costume in the main dancing hall, if possible. At all times, dancers should be properly attired.
- In Reel competitions under 5 years, dancers must perform Easy Reel material only... (Munster specific rule).
- Should a dancer fall on stage, the adjudicator **MUST** ring the bell to stop the performance of the dancer(s). The dancer(s) so affected will be permitted to re-dance at the discretion of the adjudication panel, or by a majority of adjudicators, where there is a judging panel. Should, in the opinion of the stage steward, having obtained medical advice, if necessary, a dancer be unfit to re dance and if such dancer insists on his/her right to do so then the dancer concerned may be permitted to re-dance on completion of a declaration form exonerating the committee of liability for any consequences.
- Should a dancer lose a heel or a complete shoe he/she may stand back allowing the other dancer, where applicable, to continue dancing uninhibited. In such a case, the dancer concerned will be permitted to re-dance as soon as it is deemed practicable by the stage steward.
- No blocks en pointe, stationary or moving, is allowed for all ages up to and including under 12 age group, with exceptions of 11 to 12 age group who may perform who may perform this work as, and from, 1st September.
- Port competitions must have both a light and heavy result where both jig types have been performed.
- Grading up rule (Effective January 1st 2009) : For those competitions where grading up occurs :Less than or equal to 20 (1 dancer grades up); 21 – 39 inclusive (2 dancers grade up) ; Greater than or equal to 40 (3 dancers grade up)

Bun Grad:

- Confined to competitors who have never previously won first place for the dance specified for that competition in any other registered competition in any other grade or under any age limit
- Dancers must perform basic material only

Tus Grad:

- Confined to competitors who have never previously won first place for the dance specified for that competition in any other registered competition in any other grade or under any age limit other than in Bun Grad
- Dancers must perform their first advanced material. This should exclude clicks, twists, swivels, cross keys, rocks etc.

Mean Grad:

- Confined to competitors who have never previously won first place under the upper age-limit specified for the competition (or under a higher age-limit) outside of Bun grad and Tus grad.
- A registered competition for the dance specified for the competition
- The same level of material can be performed for Mean grad as Ard Grad.
- A competition in which there are five competitors or less shall not count for grading purposes i.e. the winner of such a competition shall be entitled to dance again in a competition for the same dance in the same age group and grade. (1994).
- Where a dancer has won first prize and thereafter fails to win a prize for that particular dance, the teacher of that dancer may, when a period of two years has elapsed, apply to the regional council to have the dancer re-graded as a mean grad dancer.

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Feis procedures

- The Feis Committee reserves the right to refuse Admission / Entry to the Feis.
- Any objections, other than those related to adjudicator's decisions, must be lodged in writing to the Feis Committee. There will be a fee of EUR 20 associated with such an objection. If the feis committee cannot resolve the issue satisfactorily, the objection will be forwarded to Comhairle na Mumhan.
- Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition. (Jan 2005), except in Bun & Tus Grád competitions.
- The use of taped music (e.g. iPad, iPod, Tape Recorder) is permitted for Subsidiary Ceili competitions.

Feis admin

- Entries will only be accepted from teachers currently registered with An Coimisiún.
- Age is reckoned from January 1st
- The Adjudicators decision is final.
- The committee, as far as is practicable, will provide a stage surface suitable for dancing. However, the committee cannot accept any liability whatsoever for injuries sustained while on stage. The lodgement of any entry will be deemed to be an acceptance of this provision by a dancer and by his/her parent/guardian/teacher.
- The Comhairle Na Mumhan Child Protection Officer (DLP) can be contacted on munsterdlp@gmail.com

The committee reserve the right to amend the syllabus to adhere to good covid-19 guidance & governance.

It is only by working together with a flexible, understanding, and a cooperative outlook, that feiseanna can take place. We will be following all government guidelines at the time, to allow for the safe running of our feis. we will continue to monitor the ever-changing guidelines.

If you have a temperature, sore throat, headache, loss of taste / smell, etc. you should not attend the feis.

Know the symptoms. If you have them, self-isolate and contact a GP.

Continue to:



Wear

face coverings on public transport, in shops, crowded streets, busy indoor workplaces and when in close contact with people



Cover

your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue safely



Distance

yourself at least 2 metres (6 feet) away from other people, especially those who might be unwell



Limit

contact with others when out and about



Wash

your hands well and often to avoid contamination



Avoid

crowds and crowded places



Know

the symptoms. If you have them self isolate and contact your GP immediately

COVID-19 symptoms include

- > high temperature
- > cough
- > breathing difficulty
- > sudden loss of sense of smell or taste
- > flu-like symptoms



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